



# SPA-ROSA

---

EXCLUSIVE ZEPPELIN CHARTER SPA PACKAGES

**aROSA**   
Cruising differently

 **ZEPPELIN TRAVEL**



## **TREAT YOURSELF TO AN EXCLUSIVE ZEPPELIN CHARTER SPA PACKAGE**

Each of the six tailormade packages includes three different treatments, that can be divided among the people in a cabin.

Treatments may be taken as a block or split (subject to available timeslots).

Enjoy a complimentary glass of Drappier Champagne, included in each package.



## *Good to know*

---

### **RESERVATIONS**

To avoid disappointment, we recommend that you book the spa packages in advance. Bookings on board or walk-in appointments are subject to availability.

Please arrive five minutes prior to your treatment in your bathrobe. A late arrival may mean that your treatment time will be reduced.

### **CANCELLATION**

If you are unable to keep a pre-booked appointment, we kindly ask you to cancel at least 24 hours before your treatment. We regret that any appointments cancelled with less than 24 hours' notice will incur a 50% cancellation charge.

### **CLOTHING**

Bathrobes and slippers for the treatments can be found in your cabin. Towels for use in both the sauna and the gym are provided in the SPA area. Please refrain from using outdoor shoes and mobile phones in the SPA area. Please wear sports clothing and sports shoes when working out on the gym equipment.

### **PAYMENT**

Payment will be made on board in EUR. All on board expenditure will be charged to your onboard account.



## HIGHLY EFFECTIVE CARE FROM THE DEPTHS OF THE SEA

The power of the sea for your beauty!

For more than 50 years, THALGO has specialised in researching active marine cosmetics. The care products, developed in close cooperation with dermatologists, are characterised by particularly regenerating, moisturising and revitalising properties, are easily absorbed by the skin and are especially well tolerated. The unique range of THALGO products and treatments are based on powerful active ingredients from the depths of the sea with revolutionary, regenerating and revitalising properties. Whether moisture deficiency, dryness or sensitivity – we restore your skin's balance.





## *Package 1: Radiant beautiful skin*

**€ 249 / 120 min** (Time can be split into 2 sessions, or may be taken in one block)

---

### **LYMPHATIC DRAINAGE FACE MASSAGE**

Tiredness, exhaustion, and stress are clearly visible on our face. Treat yourself to a soothing facial massage for a radiantly fresh appearance. Blood circulation is stimulated and thus accelerates the renewal of your skin cells.

### **FACIAL TREATMENT**

Relax with a facial massage. The gentle pressure on the head relaxes the entire body and the blood circulation of the scalp is stimulated. The facial massage has an invigorating or calming effect. The skin is additionally cared for and nourished with our high-quality products.

### **SILICIUM LIFT FACIAL TREATMENT**

Experience THALGO's new lifting program! The Face Fitness inspired anti-ageing treatment combines an exclusive face roller massage technique with a mask duo. Highly effective active ingredients from a specially developed marine silicon complex, micropulverised algae and vitamin C give your face a maritime facelift. The effect is enhanced by a new type of face fitness massage, which is performed simultaneously with two lifting face rollers.



## *Package 2: "All-round wellbeing"*

**€ 259 / 120 min** (Time can be split into 2 sessions, or may be taken in one block)

---

### **FOOT REFLEXOLOGY TREATMENT**

Reflex points on the sole of the foot are intensively stimulated and in combination with a massage give new energy. Depending on where the sole of the foot is massaged, this affects different parts of the body.

### **AROMATHERAPY MASSAGE**

Enjoy the power of essential oils with massage therapy, benefitting both the mind and the body. This massage is meant to improve your physical and mental well-being.

### **FACIAL TREATMENT**

Relax with a facial massage. The gentle pressure on the head relaxes the entire body and the blood circulation of the scalp is stimulated. The facial massage has an invigorating or calming effect. The skin is additionally cared for and nourished with our high-quality products.



## ***Package 3: Light feet and legs***

**€ 269 / 120 min** (Time can be split into 2 sessions, or may be taken in one block)

---

### **COLD TREATMENT – LIGHT LEGS**

For light legs, cool compresses soaked in an algae-camphor-menthol solution. They firm the connective tissue, make your silhouette look more defined and revitalize tired and heavy legs.

### **LEGS LYMPHATIC DRAINAGE MASSAGE**

This lymphatic drainage is a beneficial measure for tired and heavy legs. The regeneration of the body is accelerated and appeared swellings in the legs disappear.

### **A WONDERFUL TIME WITH RELAXED FEET**

Footbath – foot peeling – massage. You can relax while enjoying a footbath with aromatic essences. Afterwards, a foot peeling prepares your feet optimally for the following pack. At the same time, you receive a relaxing facial treatment and at the end you can expect an energizing foot and lower leg massage.





## *Package 4: Full body relaxation for the man*

**€ 299 / 120 min** (Time can be split into 2 sessions, or may be taken in one block)

---

### **SWEDISH MASSAGE**

This is mainly a massage for the shoulder/ neck area and arms. With certain hand movements tense muscles are loosened and soothed.

### **CLASSIC MASSAGE**

Experience a soothing massage that increases relaxation and blood circulation to your muscle tissue. It has a general positive effect on the whole organism and thus promotes well-being and relaxation.

### **FACIAL TREATMENT FOR MEN**

This intensive facial treatment is precisely tailored to the needs of men. The massage movements flowing into each other bring the skin into its natural balance and awaken new energies for body, mind, and soul.



## ***Package 5: Journey across the continents***

**€ 319 / 180 min** (Time can be split into 2 or 3 sessions)

---

### **BAMBOO MASSAGE**

With warm bamboo sticks, tensions and blockages are specifically massaged and the blood circulation is stimulated. A deep and intense effect awaits you. In addition, bamboo stands for peace, prosperity, and new energy.

### **GEMSTONE MASSAGE *Joyaux Atlantique***

Embark on an invigorating journey to the majestic and contrasting beaches of the Atlantic Ocean and draw energy from the gemstone treatment. Relax on the shores of the Atlantic, gain new strength from the precious minerals.

### **SAND STAMP MASSAGE *Îles Pacifique***

Inspired by the Lomi Lomi massage, the Mahana massage combines powerful grips with the soothing warmth of the sand stamps and transports the senses to a sunny paradise. Enjoy the wonderful feeling of relaxation and sink into a seductively sweet scent combination of monoï and vanilla.





## *Package 6: Soothing time out*

**€ 339 / 180 min** (Time can be split into 2 or 3 sessions)

---

### **BAMBOO MASSAGE**

With warm bamboo sticks, tensions and blockages are specifically massaged and the blood circulation is stimulated. A deep and intense effect awaits you. In addition, bamboo stands for peace, prosperity, and new energy.

### **ANTI CELLULITE MASSAGE**

Better blood circulation is crucial for healthy skin, but also firmer connective tissue. The main principle is to activate the tissue by applying manual force and certain sequences of movements, thus passively strengthening it.

### **HOT STONE MASSAGE**

The hot-stone treatment is a combination of massage and the soothing power of hot stones. This massage boosts your energy and brings balance, harmony, and a sense of well-being to your mind, body, and soul.



**We look forward to  
your visit!**

**aROSA** 

Cruising differently